



Walking Programme: January 2020 to July 2020

Date	Walk	Description	OS Map and Grid Ref.	Distance	Leader and Contact Details	Bus Leaves Elgin	Route Via
Sunday 26 January	Caledonian Canal	Start walk on path on east side of Caledonian Canal to Dochgarroch, retrace path to Bught Park and continue on alongside canal to its mouth at the sea. From there take path by wetlands, finishing at old ferry terminal at South Kessock. Short option is down the canal to Dochgarroch and back up to Bught Park. Both walks Easy	OS 26 NH 655 472 to NH 655 472	11 miles and 8 miles	Dave & Margaret Spalding Tel: 01309 671724	8 a.m.	Forres
Saturday 15 February	Strathpeffer to Dingwall	Rogie Falls to Dingwall via Knockfarrel Ridge. Short walk Strathpeffer to Dingwall. Moderate	OS26 NH443586 to NH545588	9.5 miles and 5 miles	Stacy Clark Tel: 07931 768022	8 a.m.	Forres
Sunday 8 March	Cloddy Moss to Cawder	Basically flat walk with a few undulations. Along forest tracks and then follow the river path to Cawder. Short walkers could do Nairn to Cawdor. Both Easy .	OS 27 NH 982 599 to NH 847 502	11 miles	Christine Copsey Tel: 07932 819557	8 a.m.	Forres
Saturday 28 March	Knoch to Banff	Starting at Knock Distillery, a long low level walk along a dismantled railway following the Burn of Boyndie, past Glenbarry and finishing in Banff. Moderate	OS29 NJ 546 528 to NJ 667 645	11 miles	Shirley Lamb Tel: 01343 870663	8 a.m.	Keith
Sunday 19 April	Dava to Grantown via Lochindorb	This walk is on hill tracks, climbing over the ridge and down to Lochindorb, then south over to Clachbain, then to Foal's Well via Easter Rynechkra before descending down Glenbeg into Grantown. There are some steep ascents and descents on the tracks. Moderate to Strenuous . Short walk around the Grantown area	OS27 NJ 010 350 to OS36 NJ 032 278	14 miles	Donnie McDonald Tel: 07809 480768	8 a.m.	Forres
Saturday 9 May	Royal Cairns, Balmoral	Walking in from the Invercauld Bridge, on good paths and tracks taking in the waterfall at the Iron Bridge and a number of the Royal Cairns within the grounds of Balmoral, ending at Crathie. Moderate . Short option circuit of Royal Cairns, Balmoral.	OS 44 NO 188 914 to NO 264 950	11 miles and 6 miles	Evie McIvor Tel 01343 820844	7 a.m.	Keith
Sunday 31 May	Brown Cow Hill	Circular route. Brown Cow Hill is the highest summit of a sprawling area of rounded heather moorland. This route forms a horseshoe of the higher summits, with boggy ground and peat hags breaking up sections of easier going across short-cropped heather. Though unspectacular, the route gives good views and a chance to experience solitude. Strenuous	OS 37/36 NJ 254 089	11.3 miles	Diane Simpson Tel: 01542 832049 Jo Jones Tel: 01542 850355	8 a.m.	Rothies
Saturday 20 June	Summer walk Ellivreid to Bridgehaugh with meal	Climbing the Corriehabbie Hill in the Glenfiddich estate and then on to Bridgehaugh, strenuous . Short walk option easy .	OS37/28 NJ268323 to NJ340357	9 miles	Dave Clark Tel: 01542 649093	8 a.m.	Rothies
Sunday 12 July	Carn an Tuirc Munro	Ascending from the Glen Shee Road on the mountain track passing some old sheilings and continuing up to the stony dome of carn an Tuirc. Descent and walk out via Loch Callater. Strenuous Short option- there and back to the Loch. Easy	OS Map 43 NO 145806 to NO 156882	8.5miles/ 6 miles	Alan Campbell Tel: 01542 832218	7am	Keith

**** PLEASE NOTE ****

**Walks must be booked by the Wednesday prior to the walk.
Any cancellations after the Wednesday will be charged at the full price.**

Office Bearers

Dave Clark **Chairperson** Tel: 01542 649093 or email chairperson@morayramblers.org.uk
John Worthington **Secretary** Tel: 01343 850604 or email secretary@morayramblers.org.uk
Evie Mclvor **Treasurer & Bus Booking Secretary** Tel: 01343 820844 or email bookings@morayramblers.org.uk

NOTES:

- Bus Bookings** Telephone Evie Mclvor (01343 820844) **between 6.00pm and 8.00pm on the Wednesday prior to the walk**, or email anytime at bookings@morayramblers.org.uk. A decision will be made on the Wednesday before the walk on what size of bus is required, so please book early for the walk.
The bus will leave Elgin (Community Centre) by one of the following routes unless otherwise stated: Forres - Keith - Rothes
- Bus Fares** The bus fare will normally be £15 per adult and £5 per child. Please note however that a reservation (unless cancelled) will be regarded as a commitment to pay the fare whether or not you turn up.
- Dogs** We regret that dogs are not allowed on Ramblers outings.
- Clothing** **Be prepared for rapid changes in the weather regardless of the time of year. Stout boots, wind and waterproof clothing are essential for all walks.**
In particular, it should be noted that denim jeans are actively discouraged as they can become sodden, heavy and very cold in wet weather.
We also recommend that you take a change of clothing and footwear, which if you prefer, can be left on the bus whilst you are walking.
- The Leader** The names and telephone numbers of the walk leaders appear against each date on the programme. More detailed walk information can be obtained from the individual leaders.
The safety of the party is dependent upon compliance with the leader's instructions and all ramblers must try to remain in a coherent group, unless he/she has explicitly agreed otherwise. The average speed of the walk is that of the slowest member of the group. There will be regular halts for refreshment and regrouping.
Leader's responsibilities include:
a) Appointing a 'back marker' to look after the rear of the group
b) Making periodic 'head counts' to ensure the party remains intact.
c) Ensure that the damage to the countryside is minimal and that all gates are left as they are found.
- Weather Conditions** In the event of severe weather conditions, please check with the walk leader or the Chairperson to ascertain whether any changes have been made to the programme.
- The Ramblers Association** There are no membership fees for the Moray Ramblers and new walkers are most welcome. However, after two outings new walkers are expected to join the Ramblers Association, a national body dedicated to the care, responsible use of and ready access to the countryside.
Details of membership can be obtained from the Secretary. The current annual individual membership is £36.60 or £49.00 for joint/family membership, concessionary rates are also available.
- Grades of Walks** Each walk listed in the programme includes an approximate distance and a measure of difficulty. **Easy**, **Moderate** and **Strenuous** are used to describe the effort required. If you have any doubts about your ability to manage a particular walk, please contact the walk leader in advance.
Easy: gentle countryside rambles over low level moorland, hill tracks and forestry or estate roads.
Moderate: moderate terrain, rough mountain walking with some ascents. Boots are essential and a reasonable degree of fitness.
Strenuous: usually high mountain country possibly involving steep ascents and descents. Boots, efficient wind/waterproof clothing and an average standard of fitness are essential.
- Children** Children are welcome on all walks, but must be accompanied by an adult who should be responsible for them at all times.
- Safety** Safety of the group is a prime consideration, however neither the Moray Ramblers nor any of its members or agents, accept responsibility for any loss or injury occasioned during their activities. It is advisable for members to take out their own Personal Accident Insurance.
- Maps** The maps and grid references mentioned in the programme are the Ordnance Survey 1:50000 series.
- General** All walks will finish with a 'pub stop' of approximately 30 minutes for refreshments.
If you wish to receive future programmes by email, contact the Secretary at secretary@morayramblers.org.uk.
Further information and any changes to the programme can be found on our website at www.morayramblers.org.uk
- Future Walks** Suggestions are always appreciated for walks to be included in future programmes. If you have any suggestions, please contact a member of the Committee.